MAAY-MAAY

Haka biir in ku bathan 30,000 oo dadka Vermont oo sannatha 60+ oo hatta helooya taageeratha raashiinka

Dariska Qaalaga eh,

Gollayaalka Baahitha Deegaanka Vermont, ii hay'athoo faa'itha weydiska an hayna ii Gobalka, yaa ka kaalmeeyoyta atha ii qaraabathaa may joogteeyaasaana matha banaanathaa iyee oo la balaariyaw helowka barnaamijyatha raashiinka ii nafaqaatha sitha 3SquaresVT (SNAP), Meals on Wheels, ii wal bathan. Istimaalowka taageeratha ku meeldeerka ama mudatha dheer markoona ma futhuth. Illoo atha heli may koo xigtee bas eh an weerowka taleefonka. Si atha wal bathan an barata, tafathal han weer:

Age Well Helpline (Sannatha 60+): 1-800-642-5119

Haankala oo dhan (ku hooseeya 60), Ha garaa': 2-1-1

Tafathal hasuusoy, inii markoona shaleethaa an hayna. Kuligaana ka dha'jarna arantun!

Darisyatha bulshoothaa,

3SquaresVT (SNAP)!

- Faa'ithooyinka may taageeraana gana'siyatha deegaanka.
- Sitha Lambarka Bulshaatha, anshuurtaa yaa kii kaalmeeyaasa biyowshee.
- Faa'thooyinkaa maku qaathaayaan taageerada dadka kala.
- Faa'ithatha la iska jeeyi oo lanka tallagali dadka wiin ee reer Vermont oo shaleethiyoo nool may buwaa $163/bilii.

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