

SOMALI

Ku soo biir in ka badan 30,000 reer Vermont da'dooda 60+ oo hadeer helaan taageerada cuntada

Dariska Qaaliga ah,

Gollayaasha Gaajada Deegaanka Vermont, iyo hay'adaha aan faa'ido doonka aheyn iyo Gobolka, waxay kugu caawinayaan adiga iyo qaraabadaada inaad joogteysaan madaxbanaanidaada adiga oo balaarinayo helitaanka barnaamijyada cuntada iyo nafaqada sida 3SquaresVT (SNAP), Meals on Wheels, iyo kuwa badan. Codsashada taageerada ku meelgaarka ah ama muddada dheer marnaba maysan fududaan. Illaha aad heshay waxaa kaliya kaa xigta wacitaanka taleefonka. Si aad wax badan uga baratid, fadlan soo wac:

**Age Well Helpline (Da'da 60+):
1-800-642-5119**

**Dhammaan kuwa kale (ka hooseeyaan 60),
Garaac: 2-1-1**

Fadlan xasuuso, marnaba ma tihid kaligaa.
Dhammaanteen waan ku wada jirnaa midaan!

Darisyada Bulshadaada,



3SquaresVT (SNAP)!

- Faa'idooyinka waxay taageeraan ganacsiga deegaanka.
- Sida Amniga Bulshada, canshuurtaada ayaa kaa caawisa inaad bixisid iyada.
- Faa'idooyinkaaga kama qaadeysa taageerada dadka kale.
- Faa'idada isku celceliska ee waayeelka reer Vermont ee kaligood nool waa \$163/bishiiba.



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United Way

**United Way of
Northwest Vermont**

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